



Dr. Nhi Le MD

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REDEFINING WELLNESS: THE DOCTOR-LED APPROACH AT VICTORIA'S FOUNTAIN OF YOUTH MEDICAL SPA

Fountain of youth Medical Spa, founded by Dr. Nhi Le MD, stands out in the aesthetic industry by combining luxurious spa treatments with doctor-led medical authority and integrated wellness. Celebrating over 18 years, the medical spa focuses on **redefining integrative medicine and aesthetics**.

Unlike typical spas, Fountain of Youth Medical Spa offers holistic care plans combining aesthetics, hormone therapy, regenerative medicine, and even functional wellness. Dr. Nhi Le emphasizes treating **"the whole person,"** believing true optimization requires addressing how patients feel and function internally. The doctor-led care is the foundation of the practice, meaning protocols are created and supervised by Dr. Nhi Le, ensuring treatments are assessed, protected, and executed with precision. This level of medical authority leads to reduced complications, real-time management of adverse reactions, evidence-based decisions, and access to advanced treatments. The team includes additional licensed professionals, aesthetic nurses, estheticians, to meet growing demand.

Dr. Nhi Le stresses that the commitment is to true transformation, not just a quick fix. They are "here to transform, always," aiming to make patients stronger, healthier, and on the right path for good.

KEY INTEGRATIVE SERVICES

- **Advanced Aesthetic Treatments:** The medical spa offers high-quality injectables, facials, laser hair removal, and deep medical-grade peels. They also provide advanced body treatments like Morpheus8 Burst which targets skin laxity and cellulite, and EmSculpt Neo, which builds muscle and strengthens the core.
- **Hormone and Intimate Wellness:** The medical spa is a premier destination for female and male intimate wellness. Treatments address hormonal imbalances, stress, and deeper wellness issues through personalized care, including hormone optimization, sexual rejuvenation, and the O-Shot and P-Shot. Dr. Nhi Le, who is a board-certified internist, a fellow of A4M, and aesthetic medicine expert, views this as an extension of her work as the "Love Doctor," helping men and women feel confident and empowered.
- **Functional Wellness:** The Emsella chair is offered to help repair nerve damage post prostatectomy and reduce bladder leaking. Paired with intimate laser treatments, O shot or P shot, they enhance overall live/wellness.
- **Advanced Weight Loss and Body Contouring:** The spa offers protocols like GLP-1 weight-loss solutions, GH boosting peptide therapy, and IV therapy, alongside BTL body contouring technology. This integrated approach aims to help patients jumpstart their metabolism and build muscle to sustain long-term results.

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